

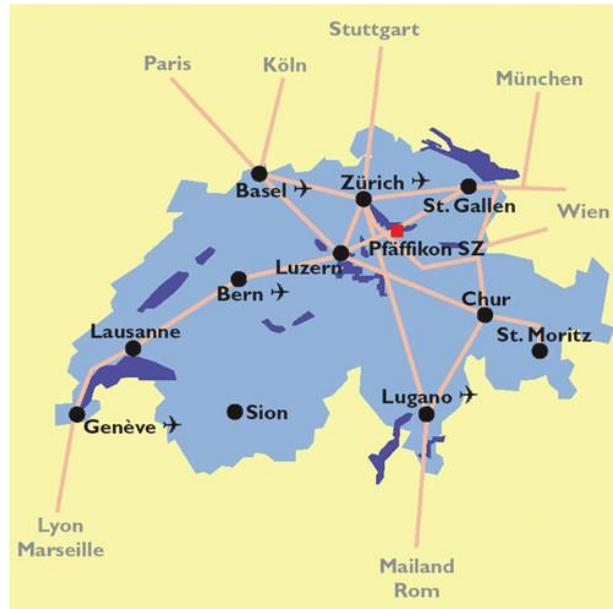
Aerobic Swiss OPEN 2018 ***Sport Aerobic & Fitness Swiss*** ***Championships 2018***

14. & 15. April, 2018
in Pfäffikon SZ (Turnhalle Weid)



Hello All,

Together with its partners, FISAF SWITZERLAND is pleased to invite you to the **Aerobic Swiss Open Championships 2018** which will take place on the **14. and 15. of April 2018** at Turnhalle Weid in Pfäffikon SZ (20 minutes from Zurich, on the south shore of Lake Zurich).



Note: there are two “Pfäffikon” which are about 25km apart. Please make sure when booking hotels or program your GPS to take the correct one.

As last year, we will have a panel of international judges.

Registrations are open now. Benefit from our early bird prices and its discount conditions by registering before February 18, 2018.

We hope to meet you during these events.

For all requests for information, do not hesitate to contact us:

- nathalie.schaefer@hispeed.ch
- ascw8832@gmail.com

Competition venue Turnhalle Weid, Pfäffikon SZ

Weidstrasse 20, CH-8808 Pfäffikon SZ



The venue is close to the exit of Motorway 3

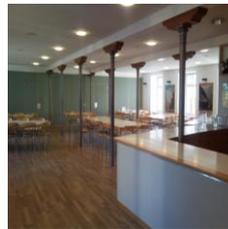
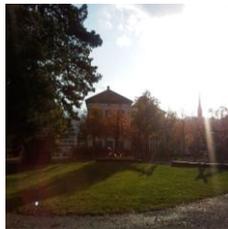
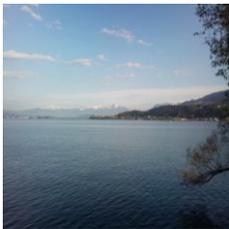
Hotels

Please note that this is a quite busy time of the year for the hotels, thus early booking is very important (and cancelation is in general free of charges)

Should the proposed selection of hotels not correspond to your needs, you may visit the official website of the [Lake Zurich Tourism Office](http://www.zuerich.com/en/Visitor/accommodation.html) or <http://www.zuerich.com/en/Visitor/accommodation.html>.

Youth hostel / Jugendherberge Richterswil

Hornstrasse 5
 CH-8805 Richterswil ZH
Contact: Tanja Demarchi / Petra Schuler
 Tel: +41 (0)44 786 21 88
 Fax: +41 (0)44 786 21 93
 Email: richterswil@youthhostel.ch
 Internet: www.youthhostel.ch/richterswil



Youth hostel / Jugendherberge Busskirch Rapperswil-Jona

Hessenhofweg 10
 CH-8645 Jona SG
Contact: Peter & Brigitte Keller
 Tel: 0041 (0) 55 210 99 27
 Fax: 0041 (0) 55 210 99 28
 Email: jona@youthhostel.ch
 Internet: www.youthhostel.ch/jona



Schweizerisches Jugend-& Bildungszentrum: Basic resort with hotel, a group house and two youth houses. The hotel is located 15' -20' by car from the competition venue.

Lincolnweg 23

CH- 8840 Einsiedeln

Telefon: +41 (0)55 418 88 88

<http://www.sjbz.ch>



SEEDAMM PLAZA: modern 4* congress hotel with 3 restaurants, Bar and Casino. With advanced booking group dinner can be arranged. The hotel is located 5' by car from the competition venue.

Seedammstrasse 3

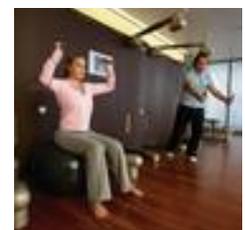
CH-8808 Pfäffikon SZ

Telefon: +41 55 417 17 17

Telefon direct: +41 55 417 27 02

Fax: +41 55 417 28 24

<http://www.seedamm-plaza.ch>



Hotel Ramada Feusisberg - Einsiedeln: 4* Business hotel that opened in 2010. Modern, spacious rooms, fitness center and spa. 5' drive to the competition venue.

Chaltenbodenstrasse 16
 CH-8834 Schindellegi
www.ramada-feusisberg.ch



MOTEL MÜLHE: The Motel Mühle has 22 Beds. Free Internet, all rooms with Cable TV and Bath/Shower. Located 5' from the competition venue. Breakfast room, but no restaurant.

Motel Mühle
 Samstagerstrasse 57
 CH-8832 Wollerau
 Telefon: +41 43 244 41 41
<http://www.muehle-wollerau.ch>



IBIS ZURICH ADLISWIL: The hotel is located 20' by car from the competition venue.

Zurichstrasse 105
 ZURICH-ADLISWIL
 CH-8134 ZURICH
 Telefon: +41 44 711 85 85
<http://www.accorhotels.com>

Program

REMARK! This is only a preliminary schedule! The time schedule will be adjusted according to the number of participants in the different categories and the new SA & FT Technical Regulations after the FISAF International World Fitness & Hip Hop Unite Championships 2017.
The final schedule will be posted after registrations are closed!

Saturday 14.04.2018

Registration + music check Sports Aerobics, Fitness teams (Aerobic, Step) cat. A & Novice (B).
Preliminaries & Semi finals

Sunday 15.04.2018

Semi finals & Finals all categories
Award Ceremony

A-Categories

For all A-Categories, according to the Sports Aerobics Technical Regulations 2018 – 2020:

« All international competitions will have at least two rounds depending upon the final number of registrations in the competition division: preliminary, or semi-final and a final round ».

NUMBER OF INDIVIDUALS/PAIRS/TRIOS	ROUNDS OF COMPETITION
1 – 6	Semi-final + final
7 – 11	Preliminary + semi-final+ final
12 – 24	Preliminary + semi-final (6A + 6B grouping) + final
25 and more	Preliminary + semi-final (8A + 7B grouping) + final

Novice (B)-Categories

- ✚ The Cadet, Junior & Adult categories with more than 12 athletes/teams have preliminaries semi finals and finals.
- ✚ All B-categories (except Mini B-cat.) with 11 or fewer athletes/teams only have preliminaries and finals.
- ✚ The Mini B-category have only preliminaries and finals.

A & Novice (B)-Categories

- ✚ . If there are 3 or more Swiss athletes/teams in the semi-finals, the best 3 will be qualified for the finals. In addition all foreign athletes/teams that are ranked among the top 6 in the semi finals will also be qualified for the finals.

May we ask you to respect the times on the present schedule. The final schedule with the start times will be handed out during the registration.

Participation fee

	EARLY BIRD registration <u>BEFORE 18.02.2018</u>	Registration <u>FROM</u> 18.02.2018 and <u>BEFORE</u> 25.03.2018
Sport Aerobic cat A & Novice (B) Individual	30 CHF	45 CHF
Sport Aerobic Cat. A & Novice (B) Team (2-4)	60 CHF	90 CHF
Step teams (5-8)	120 CHF	150 CHF
Fitness teams (5-8)	120 CHF	150 CHF

Note: We target a maximum of 15 athletes per category; nevertheless, all athletes who register during the early bird period will be allowed to participate, independently of the number of athletes in the respective category. After the early bird period, categories will be closed once they will have reached 15 participants.

DEADLINE SPORT AEROBIC & FITNESS TEAMS: 25. March 2018.

Conditions of participation

1) All athletes /teams must fill in the correct registration form (FRF) + send a copy of their passport to nathalie.schaefer@hispeed.ch or to ascw8832@gmail.com before the 25. March 2018.

2) Pay the participation fee.

The participation fee must be paid to (Bank Details):

La Poste Suisse, Post Finance, CH-4808 Zofingen

AEROBIC SWISS OPEN, Korporationsweg 14, 8832 Wilen bei Wollerau, Suisse

Konto : 85-57636-1

IBAN: CH11 0900 0000 8505 7636 1

BIC PostFinance: POFICHBEXXX

With the announcement ' AEROBIC SWISS OPEN 2018 + NAME OF TEAM or ATHLETE'

REMARK: all costs for this money transfer should be paid by yourself.

3) Each athlete/team must have an individual insurance in case of an accident.

4) Each athlete should sign a DECLARATION (CLUB/ COACH & ATHLETES) FORM that they agree with the FISAF TECHNICAL REGULATIONS SPORTS AEROBICS, FITNESS CATEGORY, which will be respected during the FISAF SWISS OPEN FITNESS CHAMPIONSHIPS of 14. & 15. April 2018.

DEADLINE SPORT AEROBIC & FITNESS TEAMS: 25. March 2018.



BEZIRK HÖFE



Aerobic Swiss OPEN 2018

Sport Aerobic & Fitness Swiss Championships 2018

DECLARATION CLUB

Undersigned: ...

Responsible of (name club): ...

Declares:

- To have taken note of the FISAF TECHNICAL REGULATIONS 2013 - 2018 + Antidoping Policy concerning the AEROBIC SWISS OPEN CHAMPIONSHIPS 2018 & SPORTS AEROBICS & FITNESS SWISS CHAMPIONSHIPS 2018 that take place on Saturday 08. and Sunday 09. April 2018 at Turnhalle Weid, Pfäffikon SZ, and agrees with it;
- To respect the code of ethics for clubs.

Date:

Signature:

DECLARATION COACH & ATHLETES

Undersigned (coach): ...

Declares:

- To have taken note of the FISAF TECHNICAL REGULATIONS 2013 - 2018 + Antidoping Policy concerning the AEROBIC SWISS OPEN CHAMPIONSHIPS 2018 & SPORTS AEROBICS & FITNESS SWISS CHAMPIONSHIPS 2018 that take place on Saturday 08. and Sunday 09. April 2018 at Turnhalle Weid, Pfäffikon SZ, and agrees with it;
- To respect the code of ethics for coaches and athletes;
- That the undersigned will inform his/her athletes of the above information.

Date:

Signature:



Aerobic Swiss OPEN 2018

Sport Aerobic & Fitness Swiss Championships 2018

REGISTRATION FOR FITNESS TEAMS

FISAF member country :
Name of coach :
Phone of coach:
E-mail of coach:

CATEGORY:

- | | | |
|--|---|---|
| <input type="checkbox"/> CAT. A
<input type="checkbox"/> CAT. B | <input type="checkbox"/> FITNESS TEAMS
<input type="checkbox"/> STEP TEAMS | <input type="checkbox"/> MINI DIVISION
<input type="checkbox"/> CADET
<input type="checkbox"/> JUNIOR
<input type="checkbox"/> ADULT |
|--|---|---|

Name of team :

Music

- Title :
- Artist :
- Composer :

ATHLETES:

	First Name	Family Name	Date of birth
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			

PLEASE RETURN THIS FORM TO: nathalie.schaefer@hispeed.ch or ascw8832@gmail.com

DEADLINE SPORT AEROBIC & FITNESS TEAMS: 25. March 2018.



Aerobic Swiss OPEN 2018

Sport Aerobic & Fitness Swiss Championships 2018

REGISTRATION FOR SPORT AEROBIC

FISAF member country :
Name of coach :
Phone of coach:
E-mail of coach:

CATEGORY:

- | | | |
|--------------------------------------|--|---------------------------------|
| <input type="checkbox"/> IND MEN | <input type="checkbox"/> MINI DIVISION | <input type="checkbox"/> CAT. A |
| <input type="checkbox"/> IND WOMEN | <input type="checkbox"/> CADET | <input type="checkbox"/> CAT. B |
| <input type="checkbox"/> MIXED PAIRS | <input type="checkbox"/> JUNIOR | |
| <input type="checkbox"/> SA TEAMS | <input type="checkbox"/> ADULT | |

Music :

- Title:
- Artist:
- Composer:

ATHLETES:

	First Name	Family Name	Date of birth
1.			
2.			
3.			

PLEASE RETURN THIS FORM TO: nathalie.schaefer@hispeed.ch or ascw8832@gmail.com

DEADLINE SPORT AEROBIC & FITNESS TEAMS: 25. March 2018.



Sponsors

 Sportförderung Kanton Schwyz	www.sz.ch / www.swisslos.ch
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	www.schwyzersport.ch
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BEZIRK HÖFE 	www.bezirk-hoefe.ch
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Partners

	www.fisafinternational.com
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	www.fisaf.ch
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	www.sponser.ch
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	www.coolandclean.ch
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